Essay on visibilities and blindness in the formative world of dentistry: part 1 - internships in the Brazilian Unified Health System throughout the pandemic

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ABSTRACT

The essay, part 1, examines how the coronavírus disease (Covid-19) pandemic is influencing the organization and implementation of curricular internships in the Brazilian Unified Health System (SUS) for dentistry undergraduate courses. It goes into the problematization of pre- and transpandemic contexts, resuming the social, professional, and personal formative meaning that internships in SUS represent for teaching/learning inserted in the labor world. It reflects on the reorganizations carried out in professional and educational policies related to internships, in order to understand the visibilities and/or blindness that turn up in the face of the complex challenges imposed by the state of affairs.

Descriptors: Education, Dental. Pandemics. Education, Distance. Coronavirus Infections. Syllabus.

1 INTRODUCTION

In recent years, internships in the Brazilian Unified National Health System (SUS) have played a central role for dental training in Brazil, especially in face of curricular transformation requirements aiming at new

professional profiles that respond to the population's oral health needs¹⁻⁵. This paper is in line with the increase (or stabilization) of investments in the qualification and expansion of oral health public services, which has been observed at least until 2017-18^{6,7}. Thus, it is

relevant to examine how the coronavírus disease (Covid-19) pandemic has been influencing the organization and development of dental undergraduate curricular internships in SUS.

On the one hand, the pandemic had an immediate impact by restrictions for the dental practice, requiring the adoption of emergency protocols like discontinuation or postponement of non-urgent dental treatments (avoiding procedures that generate aerosols) and the use of rigid and specific biosafety protocols, with the detailed screening of patients⁸. On the other, the intervention of Oral Health Teams (OHT) in Primary Health Care (PHC) to tackle Covid-19 has been quite large. It can be registered the aid in planning, management, surveillance, and control of the pandemic in the operative territory of the Basic Care Services (BCS), as well the immunization itself in some cities or the use of new forms of remote daily care through the Internet - WhatsApp, telephone, and tele-monitoring/tele-education^{9,10}.

While, in the pandemic period, the physical isolation protocols have imposed large challenges for education in general, and specially for the dynamics of dental clinical education – and the sanitary considerations on the interpersonal closeness when caring for high risk people for the Coronavirus or those who may carry it¹¹ –, the same problem concerns the internships programmed activities in SUS.

If we think the internships in SUS as biopolitical devices^{12,13} and how intensely they have operated for the transformations in the training of Brazilian dentists in recent years, the current challenges have imposed problematizations. In face of this worrying question presented to us by the context, we have two-part produced this critical essay, methodologically guided by our personal experiences in the present, by accounts of experiences of our virtual network of professors

implicated with the topic, and by the pertinent reading of authors who address the issue.

Being an essay organized in two parts and submitted to the same journal, this first part will emphasize points linked with the following questions: What does Covid-19 teach us in terms of our own organization of internship experiences in SUS? Which are the positive, visible aspects in the institutionalization of these experiences? Which is the situational blindness¹⁴ that affects us, under partial looks?

Regarding the second part of the essay, the focus will be directed to the following questions: In this pandemic scenario and in the post-pandemic perspective, which is the potence of using new emergency non-on-site remote teaching educational practices concerning internships in SUS? How could informational technologies expand partnerships and collaborative networks in the management of teaching-service integration? How has the governance of teaching-service integration been acting in the internships process during the pandemic?

It should be noticed that we try to keep the critical distancing necessary not to produce a mere propagandist piece, since we are aware of the provisional moment we live. Also, certainly, we are aware of the mutant, controversial circumstances in the global dynamics brought by the pandemic to our lives (and deaths), influencing the writing itself that can be conceived amidst such a meandering journey¹².

2 INTERNSHIPS IN SUS: BEFORE, NOW, AFTER

With the purpose of historically contextualize internships in SUS, we briefly remember that they were included in the Brazilian Sanitary Reform Movement in the 1980s. This is when the purposeful delineations for the organization of SUS emerged and when,

at the same time, the diagnostic perceptions regarding the need of innovation in dental education were strengthened, searching for a comprehensive dentistry, which would expand the formative horizons through the immersion in the labor world and in professional practices closer to the people's daily lives¹⁵.

Advancing by chronological leaps, a point of prominence in this course was the temporal correspondence of the implementation of the new National Curricular Guidelines (Diretrizes Curriculares Nacionais – DCN)¹⁶ and the National Policy of Oral Health (Política Nacional de Saúde Bucal – PNSB)¹⁷. The potential convergence of these policies guided the dental workers training processes in the recent years^{18,19}, for the configuration of integrated curricular matrices and experiences of teaching-service integration²⁰. Although, initially, the publications pertinent to the subject reflected a certain ambiguity concerning the paths run post-DCN²¹, it is clear that the principles that delineate the two policies are close and assume humanization in health practices ²²⁻²⁴. Both aim to overcome biomedical models in which the tacit and acritical reproduction of dental techniques hinders the person-centered care.

A historically present (and mostly ignored) practice of a monopolist, inefficient dental assistance with low coverage and resolubility, as well as poor geographic and social distribution, became more exposed to criticisms. The SUS searches to replace such model of labor technological organization for models aimed at health promotion²⁵.

As a strategy that grounds the organization of internships in SUS, the teaching-service integration is also widely used in the dental education experiences in distinct countries²⁶⁻³⁰. This integration situates the educational act in the labor world as a learning

provision of professional and cultural competences, including social responsibility, sense of belonging, respect for the cultural diversity, and involvement with the challenges faced by the most vulnerable ones^{31,32}.

When re-signifying oral health, not only in individual terms, but also through the look to the social context and determinants that often remain concealed³³, the individual and collective literacy in health deepens, enlivening self-esteem, dignity, leadership, empowerment, and control in the community. This arch of alliances for the learning makes students and workers more capable for the care of people who look for health services.

There have been a lot of challenges for the institutionalization of internships in SUS as curricular devices. Among them, we highlight two that stand out in the current pre- and trans-Covid-19 times: the intense labor and bonds precariousness experienced by (oral) health teams in SUS, affecting the expansion of PHC and specialized care within the oral health policies; and the persistent resistance against the internships in SUS, both in some dental schools and in some health services¹³.

One of the major goals searched in internships in SUS is the overcoming of the traditional education, i.e., learning centered on conventional content practices only, to the learning of search for solutions in uncommon or unusual, complex situations in their expression. Experiences in actual work environments become a premise for dental education institutions developing, in a unique way, competences of autonomy for clinical (or in public health) decision-making in challenging situations and that demand certifying and authentic competences of metacognition, of knowing to be, to do, to know and to coexist ³⁴. In this sense, the revision of the dental DCN, with the recently published guideline 5, may bring ambiguities in the relation with SUS, when establishing that "The internships can be developed inside or outside the HEI [Higher Education Institution], in this case in Integrated Clinics with services to the public."

3 POSITION OF THE BRAZILI-AN DENTAL EDUCATION ASSOCIATION (ABENO) AND NARRATIVE SYNTHESIS OF THE LITERATURE ON CURRICULAR INTERNSHIPS IN DENTISTRY

Abeno announced the first guidelines on curricular supervised internship in 2002, having approached the issue again in 2015⁴. Mentioning Law N. 11788 of September 25, 2008, that addresses the matter, in 2015 it introduced a revision with twelve guidelines to respond to the graduate profile proposed by the National Curricular Guidelines for undergraduate dental courses.

For the purposes of this essay, it is useful to fully quote paragraph 2 of article 1 of the aforementioned 2008 Law – reminding that, according to this legal provision, the internship may be mandatory or not, in agreement with the curricular guidelines and the pedagogical project of each course³⁵:

"§ 2° The internship aims to the learning of specific abilities for the professional activity and for the curricular contextualization, aiming at the development of the learner for the citizenly life and labor."

Also, with a view on the discussion on internships in the health courses, particularly in dentistry, and fulfilled at SUS equipment/services network, it will also be fruitful to quote clause III of article 200 of the 1988 Federal Constitution of Brazil³⁶:

"Art. 200. It falls to the Brazilian Unified Health System, among other duties, in the terms of the law: III – to order the

training of human resources in the health field;"

Both legal provisions above quoted emphasize a formative path based on certifying competences for labor and citizenly life, with an emphasis on the training in health that is implicated with the Brazilian health system^{1,37,38}.

There is extensive literature on the formative issue and the significance internships in several professions, and its resignificance for the training of health providers in Brazil, in reciprocity with SUS and the respective populations covered by it³⁹⁻⁵². It is not a surprise, therefore, that the specific literature also highlights the significance of the internship in undergraduate dentistry courses – a good deal of it published in Abeno's journal^{2,3,53}-63. The internships contribute for a training inserted in the labor world, provides the teamwork experience, and raises the students' interest for the future performance in the profession, including public practice collective health. They situate SUS as a rich space of significant learning for training in health. The significance of internships in SUS goes beyond the possibility of developing clinical activities and favors the reflection on the production of health care, considering the construction of bonds between those involved.

Literature on the success of the experience is controversial. Some authors identify still incipient actions, with conceptual inaccuracies and gaps in the bonds, not allowing the characterization of an effective integration, particularly in the teaching-care-management-social control intersection⁶⁴. Others see potentialities being developed in practices like collective community activities, welcoming, expanded clinic, social participation in local-regional Conferences and Health Councils, and teamwork^{58,65,66}. The presence of interns in the

services makes it possible a continuous education of those health workers who work with them. Also, there is a curricular hegemony focused on the intramural clinical training, but the internship practices were appreciated, even with repercussions among graduates who claim to use competences of management, health promotion and prevention of diseases learned in internship practices.

The in-company preceptor, a SUS worker who receives the students, has an essential role in the guidance, explanation, listening, and approximation/insertion of the student in the interdisciplinary labor process in a multiprofessional team^{54,63} – although always being a member of a multiprofessional team. Many preceptors account that the actions with the students are important for the strengthening of the bond with the community, reaching, also, a population that does not attend the service, besides the diversification and potential of the actions developed. The health team workers who welcome the internships (with a few exceptions though) understand the teaching-service integration as a powerful tool for the actions developed in the territories, indicating the importance of the construction of a learning scenario that offers space to reflection and planning of actions.

In general, it is possible to observe that it necessary to be clearer, is during the undergraduate course, concerning what collective practices with more curricular integration in dental undergraduate courses are ²⁰, so that the internships are not considered as related to collective health only. Rather, they are curricular practices that interest to all, aiming to the certifying training of professional and social competences, abilities, and values.

Particularly in dental training, the internship in the actual meaning of the word happens in SUS, as other so-called internships

seem to be like adaptations of the previously existing clinical practices, as in the discipline of expanded clinic, an aspect that was once again discussed with the DCN revision⁵. On the one hand, the scenarios of public health services and the labor world can be considered as central aspects of a new pedagogical practice, with potential to reach a professional profile with critical conscience and capacity to understand the reality and intervene on it. On the other, there are risks, in some institutions, of understanding and mixing up internships as an intramural practice when reproducing, under this designation, some traditional practices from the recent past with an emphasis on technicist and biologistic aspects, without potence to reach the necessary changes⁶⁷.

Actual experiences of those involved in internships in realities that define the condition of millions of living beings can result in significant and engaging learning. Students are not guided as visitors/curious in an exotic reality without bonds or sense of belonging, as mere spectators of an extravagant human park, but as citizens understanding in solidarity their own social existence mirrored in the other, an otherness presenting itself as a possibility of understanding life of their own country in its wealth and troubles. The internship provides, if not in all, but certainly in several and virtuous experiences, the understanding of the forms of organization and management, surveillance, and evaluation of labor in health. The presence of students in the services has been basic for the advance of political-pedagogical project and curricular matrices, bringing the university closer to the services and the community⁶⁸.

Reiterating the issue, the DCN revision and the discussions in Abeno⁵, specifically in its third guideline, point that SUS must be recognized as an organizer of the training of workers in the health field, as established in the

1988 Constitution. Will this acquiescence of the mentioned revision have an inducer power, so that the institutions consider SUS as the core, in terms of internship locus?

It correctly points to a present and a future in which interinstitutional partnership teaching-service integration would happen regularly. Health promotion, prevention and rehabilitation activities are highlighted, emphasizing work process the in interprofessional teams, responding to the principle of comprehensiveness of Considering this, it is understood that, in the recent past and the present until the beginning of 2020, the curricular internship in dentistry was assumed as quite a discussed practice – and accomplished in many institutions, despite the huge integrative and operational difficulties.

However, all the operative base was suddenly discontinued. The Covid-19 pandemic imposed itself. The immediate future is unpredictable, nonetheless the effort from some institutions, managers, professors, preceptors, and students trying to create alternatives.

4 THE PANDEMIC AND THE PANDE-MONIUM: EFFECTS IN US, IN DENTAL EDUCATION, AND IN INTERNSHIPS IN SUS

How would internships in SUS conceived in a full pandemic, or in the pandemonium⁶⁹ that the experience with Covid-19 became? Even more, in these places of dental teaching-learning reserved that are for experiences with the unexpected labor world (health conditions, people's demands, limits of services), that are responsible challenging the look of the certainties of classroom professors and students? How to conceive and keep, in a full pandemic, education experiences that promote learnings on the meeting of the right of the providers with the

right of the users⁷⁰?

The Covid-19 pandemic has sharpened our capacity of visibility and perception of problems that already faced by us in the fields of training and work in oral health. Important challenges push us to rethink our own practices from the individual to the institutional, passing through management, teaching, research, and service⁷⁰. In the pandemic context, the concept of syndemic⁷¹⁻⁷⁷ is highlighted; authors have been using it to alert on social determinations that make Covid-19 possibly affecting more seriously a-symmetrical groups population⁷⁸. Therefore, it would not be the Covid-19 only with all the evil already caused by it, but a wide set of problems associated with it – impact on school, income, violence, hunger, aggravation of diseases - that demands our concern in dentistry.

The epidemic reveals the violence of social iniquities and exclusion, as well as the disinvestment in public health and education for so many years – specially in countries like Brazil. Aggravating the preexisting situation, we observe a lethal combination of elitism, superficiality, and egocentrism that has been generating wide contingents of people refractory to the scientific guidance of prevention of the pandemic and its control. This includes sectors of the hegemonic political classes, whose leaders are loyal supporters of denial and conspiration theories, trying to erode the knowledge and practices based on scientific evidence, within the universities⁷⁸.

The global tragedy of the pandemic seems not able to catalyze positive changes – except for tricky claims of return to the new abnormal – and functions more like a magnifying glass that evidences the differences in power and wealth concentrated in a world dominated by the ultra-neoliberal ideology⁷⁹. In face of a world that, predictably, will still deepen social

iniquity in the post-Covid-19 period, which will be the role of higher education? And of the internships? Will we live the deepening of the platform technology, with not only increasingly digitized teaching/learning systems, but also social hyper surveillance?

These are questions that we will addressed in part 2 of this essay.

RESUMO

Ensaio sobre visibilidades e cegueiras no mundo formativo da odontologia: parte 1 - estágios no Sistema Único de Saúde em tempo de pandemia

O ensaio, parte 1, examina como a pandemia da coronavírus disease (Covid-19) está impactando na organização e realização dos estágios curriculares dos cursos de Odontologia no Sistema Único de Saúde (SUS). Aprofunda-se problematização de contextos na prépandêmicos e transpandêmicos, retomando o significado formativo social, profissional e pessoal que os estágios no SUS representam para o ensino/aprendizagem inserido no mundo do trabalho. Reflete sobre as reorganizações protagonizadas nas políticas profissionais e de educação em relação aos estágios, para compreender visibilidades e/ou cegueiras que nos sobrevêm diante dos complexos desafios que a situação impõe.

Descritores: Educação em Odontologia. Pandemias. Educação a Distância. Infecções por Coronavírus. Currículo.

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